

THE PULSE

Student Newspaper of Lynn University September 2002



Rainbow
Taken by Sharaf Rehman

IT'S ALL 'FRESH' AND NEW! Freshmen, Returning Students To Enjoy New Additions

By SHEENA FOSTER

Welcome Class of 2006! You are now embarking on another chapter of your life. Many of you are breaking away from the protective web of your parents and no other time is more opportune than now to discover new friends, become more independent and experience campus life at Lynn! There is a great deal of opportunity in your future. Exciting changes such as the addition of the highly anticipated E. M. Lynn Residence Center, the appointment of new deans, the addition of new extra-curricular clubs such as Lynn Radio, Student Alumni Association and Future Business Leaders Society (FBLA), the re-locating of the world-renown Conservatory of Music at Lynn onto campus, right down to the new ID's which promise a reduction in registration-line waits. Inside this Edition of The Pulse, be sure to read the information on a 9/11 commemoration, student orientation information, helpful study tips, dorm room dessert recipes, our humorous column "You Know You're A Freshman At Lynn If..." and more!

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Orientation

NEW STUDENT ORIENTATION

What To Do When You Get Here

**MONDAY,
SEPTEMBER 9, 2002**

8:30 A.M. - 4:00 P.M.

ARRIVAL AND CHECK IN
Arrival for new students.
Check-in at the deHornle
Sports and Cultural Center
Pick up room key after check-
in and move into Residence
Halls

11:30 A.M. - 12:30 P.M.

**UNIVERSITY COMMUNITY
LUNCHEON**

Lynn Student Center, Dining
Hall

All freshman, transfer students,
and their parents are welcome

4:00 P.M.

**PARENTS AND STUDENT
WELCOME METTING**

The Green Center
Informational meeting with
University Administrators

**Attendance mandatory for all
new students**

5:00 P.M.

Student Dinner in dining Room

7:30 P.M.

**RESIDENCE HALL FLOOR
MEETINGS**

Students will meet with their
Resident Assistant (RA) at this
mandatory meeting

8:30 P.M.

**UNIVERSITY OPENING
CEREMONY**

Location - Schmidt Center-East Side
TUESDAY,

SEPTEMBER 10, 2002

7:30 A.M. - 9:00 A.M.

Breakfast

Lynn Student Center, Dining
Hall

9:00 A.M. - 12:30 A.M.

**FIRST YEAR EXPERIENCE
CLASS**

Location-Assigned Rooms
Transfer Student Seminar at
Amarnick-Goldstein Concert
Hall, deHornle International
Center. **Mandatory for All
New Students**

12:30 P.M. - 1:30 P.M.

Lunch

Lynn Student Center, Dining
Hall

1:30 P.M. - 3:00 P.M.

**FIRST YEAR EXPERIENCE
CLASS (Continues), Location**

Assigned Rooms
Mandatory for All Freshman

3:00 P.M. - 4:00 P.M.

CAMPUS SAFETY FORUM
The Green Center

**Mandatory Attendance for all
New Students**

4:00 P.M. - 5:00 P.M.

ACTIVITIES FAIR

Student organizations will present
to highlight their groups to
encourage students to get involved
Lynn Student Center Lobby

4:30 P.M. - 7:00 P.M.

Dinner

Lynn Student Center Dining
Hall

WEDNESDAY,

SEPTEMBER 11, 2002

7:30 A.M. - 9:00 A.M.

Breakfast

Lynn Student Center, Dining
Hall

10:00 A.M. - 12:00 A.M.

**FIRST YEAR EXPERIENCE
CLASS**

Location-Assigned Rooms
Mandatory for All Freshman

12:00 P.M. - 1:00 P.M.

Lunch

Lynn Student Center, Dining
Hall

1:00 P.M. - 2:00 P.M.

**FIRST YEAR EXPERIENCE
CLASS (Continues), Location**

Assigned Rooms
Pick up class schedules
Mandatory for All Freshman

2:00 P.M. - 4:00 P.M.

**COLLEGE
PRESENTATIONS/OPEN
HOUSES**

Location-Green Center

3:00 P.M. - 3:30 P.M.

FINANCIAL AID MEETING
Work Study Program

Amarnick-Goldstein Concert
Hall, deHornle International
Center. **Mandatory
Attendance for Students in
the Federal Work-Study
Program.**

3:30 P.M. - 4:00 P.M.

HONORS PROGRAM

MEETING

Lecture Hall, The Green Center

4:30 P.M. - 7:00 P.M.

Dinner - Caribbean

Extravaganza presented by the
Alumni Association

Live music, prizes, and enter-
tainment with an international
flavor. All Lynn students, staff,
and faculty are invited to
attend. Residence Hall Lawns

7:30 P.M. - 8:30 P.M.

RESIDENCE HALL MEETINGS

Residence Halls

**Mandatory for all Resident
Students**

8:30 P.M.

SEPTEMBER 11, 2001

COMMEMORATION

Location-Lake area between
Schmidt Center and Lynn
Residence Hall

THURSDAY,

SEPTEMBER 12, 2002

7:30 A.M. - 9:00 A.M.

Breakfast

Lynn Student Center, Dining
Hall

CLASSES BEGIN, FOLLOW

THURSDAY SCHEDULE

STUDENT ID MUST BE

SHOWN AT THE FIRST

MEETING OF EACH CLASS

11:30 A.M. - 1:00 P.M.

Lunch

Lynn Student Center, Dining Hall

4:00 P.M.

**INTERNATIONAL STUDENT
INSURANCE MEETING**

deHornle International Center,
2nd Floor

4:30 P.M. - 7:00 P.M.

Dinner

Lynn Student Center, Dining
Hall

7:30 P.M.

Student Activities Program

Lynn Student center,
Auditorium

WEDNESDAY,

**September 11, 2001
Commemoratoion**

All faculty, staff, and
students are invited
to attend this

commemoration of
the tragic attack that
took place

September 11, 2001.

This student-inspired
event will include
readings by student,
musical preformances,
and a candle-lighting
ceremony

The Pulse is the student newspaper of Lynn University.

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RETURNING STUDENT REGISTRATION

Your Baaaaaaaack!

SEPTEMBER 11, 2002

9:00 A.M. - 4:00 P.M.

All returning students check in at the deHornle Sports and Cultural Center. Pre-registered returning students pick up class schedules in the deHornle Sports and Culture Center

Fall 2002 Student ID Card required to register and pick up class schedule

9:00 A.M. - 2:00 P.M.

Registration for returning non-pre-registered students at the deHornle Sports and Cultural Center

Drop/Add for pre-registered students

11:30 A.M. - 1:00 P.M.

Lunch
Lynn Student Center
Student ID required

3:00 P.M. - 3:30 P.M.

FINANCIAL AID MEETING
Work Study Program.
Amarnick-Goldstein Concert Hall, deHornle International Center
Mandatory Attendance for Students in the Federal Work-Study Program.

4:30 P.M. - 7:30 P.M.

Dinner - Caribbean
Extravaganza presented by the Alumni Association
Live Music, prizes, and entertainment with an international flavor. All Lynn University students, staff, and faculty are

invited to attend.

Residence Hall Lawns

8:30 P.M.

SEPTEMBER 11, 2001

COMMEMORATION

Location - Lake area between Schmidt Center and Lynn Residence Hall

THURSDAY,

SEPTEMBER 12, 2002

7:30 A.M. - 9:00 A.M.

Breakfast

Lynn Student Center, Dining Hall

CLASSES BEGIN, FOLLOW THE THURSDAY SCHEDULE
STUDENT ID MUST BE SHOWN AT THE FIRST MEETING OF EACH CLASS

11:30 A.M. - 1:00 P.M.

Lunch
Lynn Student Center, Dining Hall

4:00 P.M.

INTERNATIONAL STUDENT INSURANCE MEETING
deHornle International Center, 2nd Floor

4:30 P.M. - 7:00 P.M.

Dinner
Lynn Student Center, Dining Hall

7:30 P.M.

Student Activities Program-Game Show
Lynn Student center, Auditorium



GET INVOLVED!

ANYONE INTERESTED IN JOINING THE STUDENT ACTIVITIES TEAM PLEASE CALL X7153

CALENDAR

Sports And Student Activities For September

September 1

Volleyball @ Shepherd Rumble
M Soccer vs. Carson Newman @ 3 P.M.

September 2 - LABOR DAY

Volleyball @ Gettysburg
W Soccer vs. Alabama
Huntsville @ TBA

September 7

New Academic Center For Achievement Students arrive
M Soccer vs. Northwood @ 3 P.M.

September 8

International and conservatory students arrive
Academic Center For Achievement Student orientation

September 9

New students arrive
Registration @ 8 A.M.
Movie on the Lawn - 8:30 P.M.
Freiburger Lawn

September 10

Volleyball @ Nova
Southeastern
KOR Pool Party 7:30 P.M.

September 11

Returning students arrive
Registration @ 9 A.M.

September 12

CLASS BEGINS
KOR Lawn Party - 7:30 P.M.
Freiburger Lawn

September 13

Volleyball @ Carson Newman
W Soccer vs. Montevallo
KOR Screw Party - 9 P.M.
Green Center

September 14

Volleyball @ Carson Newman
KOR Beach party - 11 A.M.

September 16

FALL HOLIDAY

No Classes

September 18

Volleyball @ Embry Riddle
Student Activities Fair -
11:30 A.M. - 1:P.M.

Say What Karaoke -

7 P.M. Cafe

September 19

Temporary Tattoos -

11:30 A.M. - 1 P.M.

September 20

Midnight Bowling -
Bus leaves 12 A.M.

September 21

W Soccer vs. Florida Southern @ 1 P.M.

September 22

W Soccer vs. Saint Leo @ 1 P.M.

September 24

Ping Pong Tournament -
7 P.M. Student Center

September 25

Volleyball vs. Florida Memorial @ 7 P.M.

September 27

Volleyball @ St Leo

September 28

Volleyball @ Florida Southern
M Soccer vs. Tampa @ 3 P.M.
Tailgate Party 1 - 3 P.M.

September 30

Knights at the Movies
7 P.M. w/ ID

**Buses leave from Security booth*

On Campus

DORM ROOM DESSERTS Quick And Easy, Microwave Desserts

By MICHELE JACABACCI
Editor

PEANUT BUTTER BALLS

- 1 Cup chocolate chips
- 1 Cup peanut butter
- 1/4 Cup soymilk powder

- * Melt chocolate chips in microwave (in glass container) 1 - 1 1/2 minutes.
- * Beat (with spoon, not fist) melted chocolate until lumps are gone.
- * Beat (with spoon, not fist) in peanut butter, and then add soymilk powder.
- * Mix thoroughly.
- * Spray foil mini-muffin papers or waxed paper with cooking spray.
- * Use 2 spoons to drop balls of mixture.
- * Chill.

BANANA PUDDING

- 4 mashed bananas
- 2 Tbs. carob/cocoa powder (optional)
- 2 Tbs. maple syrup
- 1 Tsp. vanilla

- * Blend until smooth.
- * Refrigerate.
- * If you add the chocolate, it will be chocolate pudding otherwise... banana pudding.

KELLOGG'S RICE KRISPIES TREATS

- 3 Tbs. margarine or butter
- 1 Package (10 oz., about 40) regular marshmallows or 4 cups miniature marshmallows
- 6 Cups Kellogg's Rice Krispies cereal

- * In a large microwave-safe bowl, heat margarine and marshmallows at HIGH for 3 minutes, stirring after 2 minutes.
- * Stir in Kellogg's Rice Krispies cereal until well coated. Using spatula sprayed with cooking spray or waxed paper, press mixture into a 15 1/2 x 10 1/2 x 1-inch pan coated with cooking spray.
- * Allow mixture to cool slightly.

CAMPUS HUMOR

You Know
You're a
Freshman
at Lynn If...

By JODI COHEN

- * You've already asked you're parents for more money
- * You feel left out because you didn't realize that a Prada bag, Gucci sunglasses, and cell phone are all prerequisites for freshman seminar
- * Your parents couldn't help you move in, but your butler came instead
- * You've arranged for your parents to send you NY pizza and bagels weekly
- * You drove down in an '82 Corolla and immediately had your parents order you a 2002 CLK once you drove through the North Lot
- * You're moved in, you're room is set up, so you don't understand why your parents are still here
- * You brought a U-Haul from NY filled with your clothes, shoes, and accessories
- * You've already devised a plan to kick your roommate out, so you can have a single
- * You bought stock in Old Navy flip flops
- * You're from the Tri-State area



HOW TO SUCCEED AT LYNN

It's Not High School, You Need to
have Self-Discipline, Developed
Study Skills, And A Way To Deal
With Scholastic Stress

By MICHELE JACABACCI
Editor

- * Manage your time - Following a daily schedule is the key to balancing study time with other activities
- * Choosing a study place - The ideal study place is one free of distractions
- * Listen- Make a conscious effort to tune-in to what you hear in class
- * Notes - Take good notes
- * Good health is essential to success - Eat well, exercise regularly, and make sure to get enough sleep

Scholastic Stress Relief

- * Stress can make concentration difficult - Try not to stress about things such as career decisions, finances, grades, and personal problems

Offices Available for help:

- * Counseling Center
- * Dean of Students
- * Career Planning Office
- * Faculty Advisor
- * Student Health Services
- * Financial Aid Office

